School for Public Health Research

Cardiovascular Disease (CVD) Modelling Project

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Background: Poorer groups have higher CVD mortality and morbidity, largely due to modifiable risk factors

Objective: Evaluate policies to improve lifestyle and dietary risk factors for cardiovascular disease, especially focusing on which policies could reduce CVD inequalities

Methods: Epidemiological modelling of changes in risk factors due to policies linked to changes in CHD mortality. Analyses stratified by socioeconomic circumstance.

SALT
- ↓ Reformulation
- ↑ Labelling
- ↑ Health Promotion

Paper submitted

TRANS FAT
- ↓ Reformulation
- ↑ Labelling
- ↑ Restaurant Ban

Paper being drafted

SMOKING
- ↓ Higher Taxes
- ↔ Public Place Bans
- ↑ Public Info Campaigns
- ↔ Advertising Bans
- ↑ Health Warnings
- ? Plain Packaging
- ↔ Treatment

Developing model

↓ Should reduce inequalities
↑ Might increase inequalities
↔ Neutral

Groups with higher CVD burden should benefit more from reduction in risk factors. But, policies that fail to reach those at highest risk might widen inequalities.

STRUCTURE vs AGENCY

OTHER CONTRIBUTIONS
- Projecting future CHD mortality by social group (paper submitted)
- Estimating role of statins in reducing cholesterol inequalities (paper submitted)

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