

School for Public Health Research

NIHR SPHR Researchers' Network Meeting Programme

Wednesday 22nd March 2017

Location: Wolfson Room 1&2

The Royal Society, 6-9 Carlton House Terrace, London, SW1Y 5AG

12.00pm – 4.45pm (lunch provided)

Introduction from the SPHR Researchers' Network Committee

The SPHR Researchers' Network was founded in 2014 to link researchers working on SPHR projects across the eight different academic centres. The Network comprises representatives nominated from each academic centre of SPHR and is open for any SPHR researchers to access. It seeks to offer a forum for communication, peer support and networking to aid the professional development of researchers of any level, through bulletins, researcher events and networking at the Annual Scientific Meeting (ASM), and communication via committee members. The position of Chair rotates annually around the centres, and for 2016/17, the position is held by Fuse. The committee meets at least once every two months to review network activity.

We were proud to launch the SPHR Researchers' Network newsletter in 2015, which is sent round by email. We are always collecting news and updates for this – to help communication among SPHR researchers – so let us know if you have news or opportunities to share!

Committee Members, 2016/17

Chair: Vicki McGowan (Fuse)

Vice-Chair: Ruth Ponsford (LSHTM)

Centre representatives: Heide Busse and Vanessa Er (Bristol); Calum Mattocks (Cambridge); Alessandro Ble and Joao Correa-Delgado (Exeter); Evie Papavasiliou (Lancaster); Katharine Abba and James Higgerson (Liverpool); Triantafyllos Pliakas (LSHTM); Parveen Ali, Penny Breeze, and Duncan Gillespie (Sheffield); Ann Lijas (UCL).

The SPHR Researchers' Network event aims to strengthen current SPHR work and identify opportunities for future collaborations. Reflecting the focus of the main SPHR annual meeting, the Researchers' event will explore the theme of '**Maximising Impact**' in the context of a multi-site collaborative network, with a particular focus on issues affecting early/mid-career researchers.

This event has been designed to be informal and interactive, with plenty of opportunities for researchers to share their own ideas.

We hope for a stimulating event, the opportunity to establish supportive relationships and future collaborative work with other SPHR researchers.

Welcome, and thank you for your participation!

Time	Activity
12.00-12.45	Arrival, registration, lunch, and poster set up
12.45-13.00	Welcome and Introduction by Professor Ashley Adamson (Director, SPHR 2017-)
13.00-13.30	Ice breaker session - Academic Bingo
13.30-14.15	Professors Kate Hunt and Sally Wyke, Football Fans In Training (FFIT) University of Glasgow Professors Kate Hunt and Sally Wyke will present their work from FFIT study and provide insight into why it worked so well.
14.15-15.00	Poster Exercise and Coffee Break Attendees will be invited to provide answers and comments to questions on posters, including future activities of the ResNet Committee.
15.00-16.30	Kate Butler – Raising awareness of your research through the power of the media. Workshop offering advice and tips for working with the media to maximise the impact of your research, interactive session giving you the opportunity to practice being interviewed on camera or radio.
16.30-16.45	Closing Remarks from the Chair and Vice-Chair of the network

The event will be followed by a drinks reception in the Exhibition Area on the Lower Ground Floor of The Royal Society. All welcome.

Professors Kate Hunt and Sally Wyke

Football Fans in Training: from idea, to research, to implementation and impact

Kate and Sally co-led the NIHR-funded randomised controlled trial of the Football Fans in Training weight management and healthy living programme for men aged 35-65 with BMI \geq 28. They will explain how the programme began as an idea on how to reach men with weight problems with a programme based in football clubs, they forged relationships with the Scottish Professional Football League Trust (SPFLT), ran a pilot and full trial and worked to encourage Scottish Government to support the ongoing delivery of the programme. In 2016 they finalised a single licence agreement with the SPFLT to train and quality assure the delivery of FFIT. Over the last two years the programme has been delivered to men in 33 Scottish, 5 English and 2 German Football clubs. FFIT has also been adapted for women and delivered in 18 Scottish clubs.



Kate Hunt is Associate Director at the MRC/CSO Social and Public Health Sciences Unit and Professor of Gender and Health at Glasgow University. She leads SPHSU's research programme on Understanding and Improving Health within Settings and Organisations. This programme aims to understand settings and organisations as contexts for: influencing social position and identity, behaviour, health and well-being; and facilitating health improvement through the development/adaptation and evaluation of interventions to improve health. Her current work focuses in particular on professional sports settings and prisons; other research in the programme focuses on educational settings and workplaces. She is a health social scientist and has had a keen interest in multidisciplinary research on health throughout her research career.



Sally Wyke has worked in health research for 33 years. As Deputy Director of the University of Glasgow's Institute of Health and Wellbeing she leads social science aspects of the Institute's work, focusing in particular on interdisciplinary, solutions focused, research. She is an experienced research leader; she was Foundation Director of the Scottish School of Primary Care and Director of the Alliance for Self-Care Research. She has held over 55 research awards, but FFIT is the research which has had most impact so far.

Kate Butler, Media Trainer

Raising awareness of your research through the power of the media



The workshop will focus on helping to demystify media interviews, and prepare participants for appearing on camera or on radio. The practical skills can be applied to relaying information on video produced for the web. Many researchers/health experts are now producing short clips as a more accessible way to bring research alive and share information- whether it is on Youtube, Vimeo or their University website. The workshop will be useful preparation for anyone wanting to enter the NIHR New Media competition.

Kate Butler is a pioneering media specialist and trainer. She has won 2 international awards as a TV reporter and during her eighteen years with the BBC covered landmark stories for BBC Current Affairs and Documentaries as a producer and series producer. Kate currently trains academics in the UK in how to engage with the media, and works with senior communicators from International Non-government Organisations including UNICEF, and the World Health Organisation.

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